



BERRY DELICIOUS

Ingredients

- 1 ripe banana, mashed
- 2 tablespoons lowfat plain yogurt
- 1 cup strawberries, sliced and divided
- 2 kiwifruit, peeled and sliced
- 4 slices whole wheat bread, toasted

Instructions

1. In a small bowl mash together banana, yogurt, and $\frac{1}{4}$ cup strawberries.
2. Spread mixture evenly on toast.
3. Top with remaining sliced strawberries and kiwi.