



Lettuce Wraps

Ingredients

- 4-5 large lettuce leaves (e.g., romaine or butter lettuce)
- 4 oz turkey breast, sliced
- 1/2 avocado, sliced
- 1/4 cucumber, sliced
- 1 tbsp mustard or mayonnaise (optional)

Instructions

1. Lay out the lettuce leaves on a flat surface.
2. Layer turkey, avocado, and cucumber on each leaf.
3. Add mustard or mayonnaise if desired.

Wrap the lettuce around the fillings and serve.